



Quarterly Newsletter

# Spring of Hope Ministries

“Ministering Life and Hope through Counseling and Teaching”

## SOH Three Locations:

**Main Office:**  
Spring of Hope  
230 S. Potomac St.  
Waynesboro, PA

**Satellite Offices:**  
World Harvest Outreach  
1090 Wayne Ave.,  
Chambersburg, PA

The Rock  
22 Mt. Rock Road  
Shippensburg, PA

“The way you counsel me makes me praise you more, for your whispers in the night give me wisdom, showing me what to do next. Because I set you, Yahweh, always close to me, my confidence will never be weakened, for I experience your wraparound presence every moment.”

— Psalms 16:7-8

## The Promises of God

How many times has someone given you their word and then not come through for you? Parents make promises to their children. Children make promises to Mom and Dad. Spouses promise each other. Friends, bosses and on it goes. Years ago, this statement was made to me, “The only thing you can guarantee is your word.” And yet, is that really true? Too often, hours in a day dissipate quickly, something else comes up, or we change our minds, and we cannot or do not do what we have said we will do.

On the other hand, the promises of God are reliable. Joshua, at the end of his life, reminds the people of Israel.

*“You know with all of your heart and soul that not one of all the good promises the Lord your God gave you has failed. Him [Jesus] are Yes, and Every promise has been fulfilled; not one has failed.” [Joshua 23:14] [2 Corinthians 1:20]* Jesus is The Promise, making all other promises available to us. People may fail us. God will never fail us. There is not one promise He has spoken that He will not fulfill. Have you forgotten? What are the promises God has given you which you can hold onto during your current circumstances? What do you need from Him? He will not let you down.

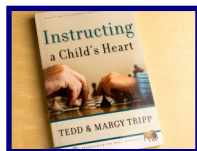
~ Melissa Varner, Administrator

## 2024 Upcoming Seminars

### Inside this issue:

Administrator’s Article	1
Upcoming Seminars	1
Staff & Board Members	2
Volunteer Opportunities	2
Director’s Article	2
Save The Date	2
Mission Statement & Services Provided	3

### INSTRUCTING A CHILD’S HEART



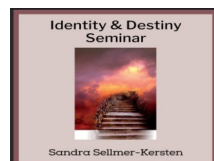
**Tuesdays, 6:30pm - 9:00pm**  
7-week parenting class  
**March 5th - April 16th**  
Spring of Hope Office,  
Waynesboro, PA

**Cost: \$199.00 per person**

**Deadline to Register: February 27th**

“The instruction that you provide your child not only informs their mind, it is directed to persuade their hearts of the wisdom & thankfulness of God’s ways. Children interpret their experiences from a worldview that seeks to answer fundamental questions: **Who am I? What do I exist for? Where can I find joy?** We need to provide our children with a consistent, persuasive, and biblical framework for understanding the world God has made and their place in it.

### IDENTITY & DESTINY SEMINAR



**Thursdays, 6:30 — 8:30pm**  
6-week class  
**February 22th—March 28th**  
Spring of Hope Office, Waynesboro,  
**Cost: \$99.00 per person**

**Deadline to Register: February 8th**

*Many of us have lost heart, overcome by sin, never fully embracing the life and the destiny that we’ve been given. God knot his truth about our identity into the very “weft and weave” of our being. Begin finding your God-given identity.*

**Call prior to the deadline date to register — 717-762-0234**

This will give us adequate time to purchase materials.

**Please complete and return the registration form with payment.**

*My child, listen to what I say, and treasure my commands. Tune your ears to wisdom, and concentrate on understanding. Cry out for insight, and ask for understanding.—Proverbs 2:1-3*

# Connect and Believe

## SOH Board Members:

Ron Pezon, Chair  
 Sam Rose, Asst. Chair  
 Jocelyn Pence, Secretary  
 Lynn Eberly, Treasurer  
 Melissa Varner, Administrator  
 Gretchen Wease, Director

## Receptionist:

Jennifer Sheeler

## Prayer Ministers:

Kim Burkholder  
 Lawrence Haller  
 Rhoda Lehman  
 Wilma Martin  
 Wyatt Reback  
 Ray Rottler  
 Melissa Varner  
 Shauna Yockel  
 Gretchen Wease

Did you make a New Year’s resolution?

Four years ago, in a women’s Sunday school class, we were challenged to sit with the Father, soaking in his presence, and listening to him regarding the upcoming new year. Specifically, asking Him to reveal a ‘Word’ for the year.

At different times in the past, I have made New Year’s resolutions, often with very good intentions, only to quickly forget or quit. Honestly, my heart wasn’t in it. However, this idea of having a ‘Heart to Heart’ connection with the Father, hearing his heart for me, was what I longed for.

I asked, “Father, what do you have for me this year? What areas within me do you want to refine and mold more and more into your image?”

*(Mark 11:24, Hebrews 11:6)*

I remember hearing very clearly the word the Father spoke to me. I waited on the Lord a few days for confirmation and for peace. Consequently, I felt certain the word was for

me and from him. *(James 1:6)*

I searched scriptures surrounding this word I had received. What instructions, promises and truths did the Word of God say about this word?

I chose to believe what the Lord had spoken to me. I believed the Lord would incorporate the word into the story of my life in whatever way he planned for my good and for his glory. Only a few weeks later, did I fully

understand the depth of this word. It held meaning, hope, and gave me grounding to stand with unwavering trust in God. The depth of his love poured over me.

You see, God knew what was about to unfold in my life. *(Jeremiah 29:11)*

I have not shared my personal story to indicate in any way that I have it all together, but instead, as a testimony of hope and encouragement to you.

You, my Friends, have this same access!

We can easily be burdened by life’s challenges and forget there is much more

God wants to do in and through us. In keeping your heart connected to the heart of the Father, he moves through our act of surrender in ways far greater than we can imagine. We must never stop growing as Christ Jesus Image-Bearers, as his Agents bringing heaven to earth. Begin today, pray, surrender, listen, and believe God will move in and through you. Always for His glory!

*“When I think of all this, I fall to my knees and pray to the Father, the Creator of everything in heaven and on earth. I pray that from his glorious, unlimited resources he will empower you with inner strength through his Spirit. Then Christ will make his home in your hearts as you trust in him. Your roots will grow down into God’s love and keep you strong. And may you have the power to understand, as all God’s people should, how wide, how long, how high, and how deep his love is. May you experience the love of Christ, though it is too great to understand fully. Then you will be made complete with all the fullness of life and power that comes from God. Now all glory to God, who is able, through his mighty power at work within us, to accomplish infinitely more than we might ask or think. Glory to him in the church and in Christ Jesus through all generations forever and ever! Amen.”*

*(Ephesians 3:14–21)*

~ Gretchen Wease  
Director



## Ways To Partner With Us

- \* Become a prayer warrior
- \* Volunteers in the office
- \* Donations to help offset costs

Contact the office for details:  
717-762-0234

**THANK YOU!!**

## Coming Soon...

### 2024 Spring Fundraiser

Monday, March 18, 2024

Please keep an eye out for your invitation, you won’t want to miss out!!

The deadline to sign-up: March 8th